



Bulletin 3

IOF MTB Orienteering World Cup 2014 Round 2

Kristianstad, Skåne, Sweden

July 17-20, 2014

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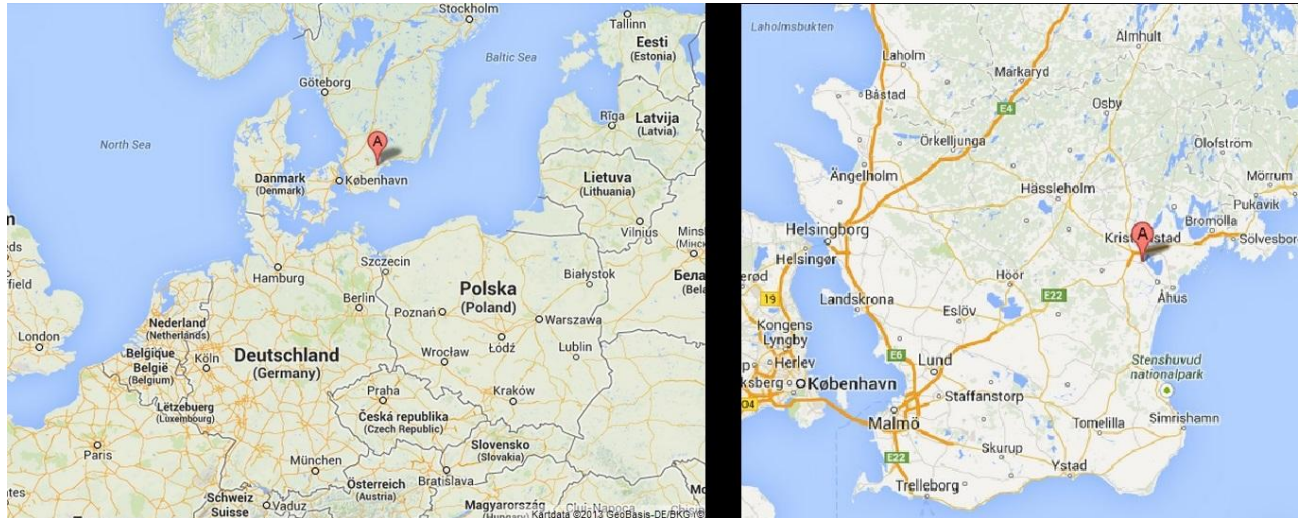
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General Information

We would like to welcome all MTBO teams to the region of Skåne in the south of Sweden. The second round of the MTBO World Cup is organized in conjunction with the biggest orienteering event in the world: O-Ringen. O-Ringen celebrates its 50th anniversary in 2014 and is returning to Skåne where it once started.

1. Event location



How to get to Kristianstad

Kristianstad is easily accessible by plane, train, bus or car.

Airports:

- [Copenhagen International Airport \(CPH\)](#), Denmark, 130 km from Kristianstad
- Malmö airport (swedavia.se/malmo) is a big airport about 100 km from Kristianstad with flights from Stockholm operated by [SAS](#) and [Norwegian](#).
- Kristianstad Österlen Airport (kidairport.com) in Everöd, 15 km from the Event Center, can be reached from Stockholm Arlanda.

Trains:

There is a direct train (www.sj.se) from Copenhagen Airport to Kristianstad (1 h 25 min.). Hässleholm is one stop before Kristianstad (1 h 05 min. from the airport).

[Öresundståg \(www.oresundstag.se/en/Start\)](http://www.oresundstag.se/en/Start) is the traffic system for travelling in Skåne.

Taking your bike on the train is usually no problem, please see <http://www.oresundstag.se/en/Fares-Conditions/Ticket-types/How-to-travel-with-bike>

Travelling by car:

It's easy to travel by car to Kristianstad. Road E22 passes Kristianstad.

Distances by car to Kristianstad:

from Stockholm 548 km, from Gothenburg 264 km, from Malmö 96 km

2. Organizers

Swedish Orienteering Federation / Svenska Orienteringsförbundet (SOFT) and O-Ringen Skåne 2014

Event director: Max Svensson, OK Pan-Kristianstad +46-(0)708 28 93 01
Event secretary: Bengt-Göran Månsson, OK Pan-Kristianstad +46-(0)709 79 54 94
Maps and Course planner: Anton Persson, OK Pan-Kristianstad
IT/timekeeping: Roland Natanaelsson, OK Silva
Media: Peter Andersson, OK Orion

Adviser and controller

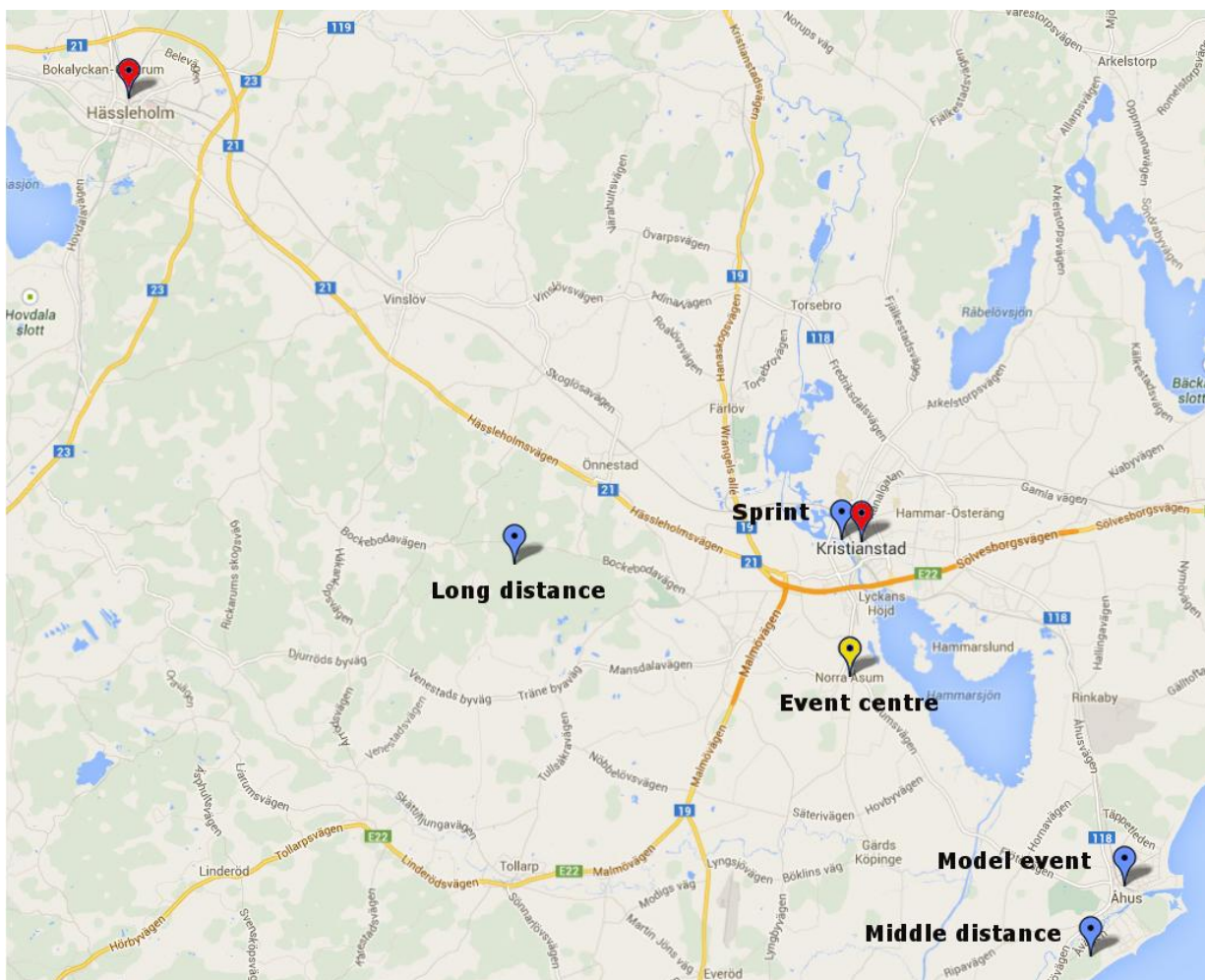
IOF Senior Event Adviser: Ursula Häusermann, Switzerland
National controller: Stefan Kollberg, Eksjö SOK

3. Contacts

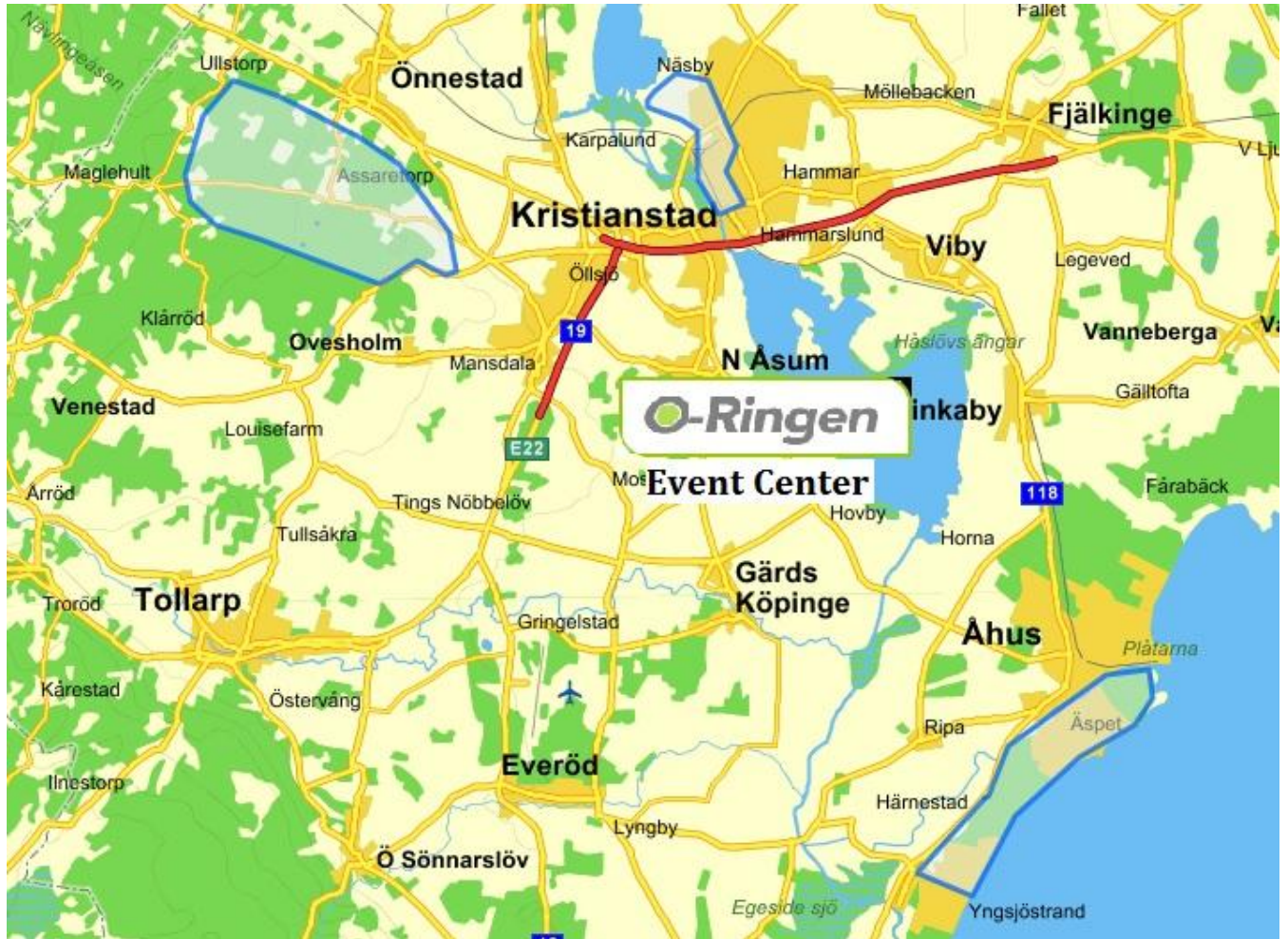
Address O-Ringen Skåne 2014, Betesvägen 1, 294 77 Sölvesborg, Sweden
Email mtbo.wcup@gmail.com
Telephone +46 (0)709 79 54 94
Webpage www.oringen.se/worldcup

4. Venue and embargoed areas

Overview



Embargoed areas



The areas marked on the map above are embargoed for all orienteering activities, unless specifically permitted by the organizers and the IOF Senior Event Adviser. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person who through their knowledge of the terrain may influence the result of the competitions. This means:

- no organized orienteering activity may take place in the area,
- no training sessions may take place in the area,
- no one with potential connection to a team (athletes or others) may visit the area with a map.

The town and the area of Kristianstad are restricted for MTBO activity. They are open for pedestrians, cars and leisurely cycling without a map, but it is strictly forbidden to cycle with the intention to test route choices.

Event Center

The Event Center is at O-Ringen Town, which is located at Norra Åsum, some kilometers south of Kristianstad. Distances to and from the Event Center are shown in chapter 10 'Transport'.

5. Program (dates and types of competitions)



<i>Day and date</i>	<i>Activity</i>	<i>Place</i>
Wednesday, July 16		
12.00 - 21.00	Event Center open	O-Ringen Event Center
12.00 - 17.00	Training	Degeberga
12.00 - 17.00	Training	Mölleröd, Hässleholm
Thursday, July 17		
09.00 - 21.00	Event Center open	O-Ringen Event Center
12.00	Final name entry, Middle distance	O-Ringen Event Center
12.00 - 17.00	Training	Degeberga
12.00 - 17.00	Training	Mölleröd, Hässleholm
14.00 - 16.00	Model Event	Åhus Norra
17.30	Team leaders meeting	O-Ringen Event Center
Friday, July 18		
09.00 - 21.00	Event Center open	O-Ringen Event Center
10.00	Middle distance	Äspet
12.00	Final name entry, Sprint	O-Ringen Event Center
≈ 13.00 - 14.00	Start Open Competitions	Äspet
≈ 14.00	Price giving ceremony	Äspet
17.30	Team leaders meeting	O-Ringen Event Center
Saturday, July 19		
09.00 - 21.00	Event Center open	O-Ringen Event Center
12.00	Final name entry, Long distance	O-Ringen Event Center
12.00	Sprint	Kristianstad
≈ 15.30	Price giving ceremony	Kristianstad
17.30	Team leaders meeting	O-Ringen Event Center
Sunday, July 20		
09.00 - 21.00	Event Center open	O-Ringen Event Center
09.30	Long distance	Bockeboda
≈ 13.00 - 14.00	Start Open Competitions	Bockeboda
≈ 14.45	Price giving ceremony	Bockeboda

Remarks:

- The start of the Open Competitions will be as soon as possible after the World Cup races.
- There will be no banquet.

6. Classes and participation restrictions

World Cup

There is one class for women (W21) and one for men (M21). There are no age restrictions. The maximum number of competitors for each individual competition is 6 men and 6 women per federation.

7. Competition Rules

Round 2 of the World Cup 2014 will be organized in accordance with the *Competition Rules for IOF MTB Orienteering Events* as published by the IOF and valid from January 1, 2014, *the Special Rules for the 2014 World Cup in MTB Orienteering* and the *IOF Anti-Doping Rules* valid from February 1, 2010.

All competition rules can be found on the IOF web site www.orienteeing.org.

- Competitors must get to all control points with their bikes.
- Riding off the track or trail is not allowed.
- In Sweden one drives on the right side of the road. Therefore competitors must ride on the right side on all roads and tracks.

Deviation from the Competition Rules

The start interval at the Long distance will be 2 minutes in the men's class. This rules deviation has been approved by the IOF Council.



Time keeping system

SPORTident will be used at all competitions.

Doping

Doping is strictly forbidden, and the organizers of the World Cup 2014 in Sweden are dedicated to supporting the anti-doping authorities in their work.

Doping controls may be carried out any time during the competition period. As some sites for the doping controls may be a few minutes' drive away, we suggest that athletes are prepared at all competitions to take along some dry clothes to change into after their race.

Doping tests are always carried out in accordance with the procedures described in the WADA International Standard of testing. The IOF Anti-Doping Code and rules apply as of February 1, 2010.

Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. Accreditation cards with photo can also be used for this purpose. The athletes should bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

8. Entry

World Cup competitors may only be entered by their federation.

Entries can only be made via the entry forms which can be found on the organizer's website www.oringen.se/worldcup: form A for preliminary entry, form B for final entry.

Deadlines

Preliminary entry by **April 1, 2014** giving:

- country
- number of competitors of each gender
- number of team officials
- team manager's name, address and email address, telephone number

Final entry by **July 1, 2014** giving:

- country
- each competitor's family name and first name, year of birth, gender, class and IOF ranking ID which can be found on <http://iofranking.osport.ee/iofranking/Athletes>
- family name and first name of the team officials
- information on whether the competitor borrows an SI-card or uses his/her own SI-card

Late entries may be refused or an additional fee of 50 % may be charged.

Entries received until June 1, 2014



Country	Participants	Competitors									Team off.	
			Men			Women						
			Sp	Mi	Lo	Sp	Mi	Lo				
AUT	10	9	6	6	6	6	3	3	3	3	1	
BEL	2	2	2	2	2	2	0	0	0	0	0	
CZE	12	11	6	6	6	6	5	5	5	5	1	
DEN	11	10	6	6	6	6	4	4	4	4	1	
ESP	1	1	1	1	1	1	0	0	0	0	0	
FIN	13	12	6	6	6	6	6	6	6	6	1	
FRA	11	10	6	6	6	6	4	4	4	4	1	
GBR	3	3	1	1	1	1	2	2	2	2	0	
GER	5	5	2	2	2	2	3	3	3	3	0	
HKG	3	3	3	3	3	2	0	0	0	0	0	
HUN	1	1	0	0	0	0	1	1	1	1	0	
ITA	6	5	4	4	4	4	1	1	1	1	1	
LAT	7	6	4	4	4	4	2	2	2	2	1	
LTU	12	12	6	6	6	6	6	6	6	6	0	
NOR	4	4	4	4	4	3	0	0	0	0	0	
POR	6	6	6	6	6	6	0	0	0	0	0	
RSA	2	2	2	2	2	2	0	0	0	0	0	
RUS	12	12	6	6	6	6	6	6	6	6	0	
SUI	3	3	1	1	1	1	2	2	2	2	0	
SWE	11	10	6	6	6	6	4	4	4	4	1	

	Particip.	Compet.	Men	Sp	Mi	Lo	Women	Sp	Mi	Lo	Team off.
TOTAL	135	127	78	78	78	76	49	49	49	49	8

Fees

	World Cup	Open competitions	Team officials
Sprint distance	SEK 400 (≈ € 45)	Fee for open competitions see chapter 16.	-
Middle distance	SEK 400 (≈ € 45)		-
Long distance	SEK 400 (≈ € 45)		-
Accreditation/registration	SEK 300 (≈ € 34)	-	0

All entry fees must reach the organizer by July 1, 2014. Competitors or teams may be excluded if their entry fee is not paid.

9. Accommodation

Accommodation around Kristianstad is difficult to find as there is a beach handball tournament taking place at the same time, and at O-Ringen more than 20 000 participants are expected.

Booking of the accommodation offered by the organizer is only possible via the accommodation booking form which can be found on the organizer's website www.oringen.se/worldcup.

Please send your completed booking form to mtbo.wcup@gmail.com.

After booking your accommodation you will be informed if your desired accommodation is available (first come, first served basis). Your booking becomes only valid when a payment of 50 % of the total amount has been received. Full payment for accommodation must be made by July 1 to the account mentioned in chapter 11 'Payments').

Deadline for booking the organizer's accommodation: April 1 or later

Please remember, it's on a first come, first served basis!

Types of accommodation arranged by the organizer

Petvå Hostel in Hässleholm Toilet/shower in corridor		per night from 16 - 21 July		available rooms
		per person	per room	
PH4	room with 4 beds, with access to kitchen	SEK 220 (≈ € 25)	-	4 (full)
PH5	room with 5 beds, with access to kitchen	SEK 220 (≈ € 25)	-	6 (full)
PH7	room with 7-8 beds, no access to kitchen	-	SEK 650 (≈ € 73)	23

It is possible to get food at Petvå Hostel as follows:

Breakfast, lunch package and dinner at SEK 250 (≈ € 28) per day and person from 17 - 21 July.



Booking of food at Petvå Hostel in Hässleholm offered by the organizer is only possible via the food booking form which can be found on the organizer's website www.oringen.se/worldcup. Please send your completed booking form to mtbo.wcup@gmail.com by July 1.

School accommodation in Kristianstad and campsites at O-Ringen Town in Norra Åsum (Event Center) can no longer be booked as the deadline has passed.



Please book directly

Hotell Statt**** in Hässleholm (info@statt.se)	price per room & night, incl. breakfast
single room with bathroom, TV etc.	SEK 840 (≈ € 95)
double room with bathroom, TV etc.	SEK 1040 (≈ € 118)

Accommodation Service

You can find your own accommodation with O-Ringen's accommodation service at www.oringenboende.se/?site=2014&locale=en-GB. The accommodation service offers a great variety of accommodation in private houses, bungalows and apartments as well as hostels and hard floor.

10. Transport

There are good public transport connections to Kristianstad (see chapter 1). Transport from Kristianstad train station to the Event Center can be arranged upon request (extra cost). There is a train service from Kristianstad to Hässleholm (about 20 minutes).

Training, Model Event and all competitions are within a short distance (max. 33 km) from the Event Center (see below).

Distances:

Event Center – Kristianstad Train Station: 5 km
Event Center – Training (Degeberga): 20 km
Event Center – Model Event (Åhus Norra): 15 km
Event Center – Middle distance (Äspet): 17 km
Event Center – Sprint (Kristianstad): 5 km
Event Center – Long distance (Bockeboda): 12 km
Event Center – Hässleholm (accommodation and training): 33 km

Transportation for athletes, officials, bikes etc. can be arranged upon request (extra cost). Please contact MTB-O administration [mtbo.wcup@gmail.com] for further information.

11. Payments

Payments must be made in **SEK (Swedish Crowns)** and by bank transfer (charges to be paid by sender) to

Beneficiary: O-Ringen AB
Address: Svartbäcksgatan 1B, 753 20 Uppsala, SWEDEN
IBAN: SE86 6000 0000 0007 7717 8028
Bank name: Handelsbanken
Bank address: Box 45, SE-751 03 Uppsala, Sweden
SWIFT/BIC code: HANDSESS

Entries to the World Cup, booking for accommodation and transport will only become valid after the arrival of the bank transfer.

Deadline for transfers reaching the organizers is July 1, 2014.

12. Visas

For a list of states whose citizens are required to have a visa to enter Sweden, check the official web site of the Swedish Ministry for Foreign affairs at www.swedenabroad.com.

13. Local weather conditions

In the south of Sweden the temperatures during the day are usually as follows in July:
average temperature = 20° C, maximum temperature = 25° C, minimum temperature = 15° C.
More information about the local weather conditions can be found at www.smhi.se.

14. Maps

A copy of the most recent version of previous orienteering maps is accessible on the organizer's website www.oringen.se/worldcup.

15. Terrain description and courses



Middle distance

Coast terrain with open pine forest and sand dunes. Flat to moderately hilly. A dense track network consisting of small paths with mostly good rideability, although some sandy sections may challenge riders.

Estimated winning time: 55 - 60 minutes

Sprint

Urban area with generally paved tracks. A mix between streets and park terrain. The pace will be high and riders will have to deal with several types of orienteering challenges.

Estimated winning time: 20 - 25 minutes



Long distance

An area used for mountain biking, cross country running and -skiing, making a network of tracks with all sorts of rideability. Mostly flat with some smaller climbs and ascents. Vegetation ranges from open beech forest to dense coniferous woods. Some rough areas due to storm damage.

Estimated winning time: 105 - 115 minutes

- Detailed information on course length, total climb and number of controls on each course will be available in Bulletin 4.
- The Long distance course will have butterflies in the men's and women's class.



16. Open competitions

Date	Competition / Place	Classes	Entry fee per competition			
			before July 1		after July 1	
Fri, July 18	Middle / Äspet	Short, Middle, Long	up to 20	21 +	up to 20	21 +
Sun, July 20	Long / Bockeboda	No age or gender restrictions	SEK 60 (≈ 7 €)	SEK 90 (≈ 10 €)	SEK 90 (≈ 10 €)	SEK 130 (≈ 15 €)

Entry

- through Eventor → <http://eventor.orientering.se>
- or via the *Entry form for open competitions* which can be found on the organizer's website www.oringen.se/worldcup.

Payment

- Competitors from Swedish clubs will be billed afterwards.
- Foreign competitors must pay the entry fee in cash in SEK (Swedish crowns) or by credit card before the start.



Deadline for entry: July 1, 2014

Entry on the day of the competition is possible, but maps are only available as long as stock lasts.

Start times and start lists

The first start of the open competitions will be as soon as possible after the World Cup races (see chapter 5 'Program'). Individual start, but there will be no start lists; participants start within a given time frame.



17. Opportunities for training

- The Swedish national competition program is available on www.eventor.orientering.se/Events. The list of competitions included in the Swedish MTBO Cup 2014 can be found on www.tinyurl.com/q4o8umq
- We can offer training in two areas: Mölleröd close to Hässleholm, and Degeberga. Maps with control points can be purchased at the [O-Ringen Event Center](#) on Wednesday, July 17, and Thursday, July 18, at a price of 50 SEK/map.



18. Information and media

We welcome all media representatives to the World Cup 2014 in Sweden. For information on how to obtain media accreditation, please contact Peter Andersson [peter.andersson@siemens.com].

19. Deadlines

Entries

- Preliminary entries World Cup April 1
- Final entries World Cup (including payment) July 1

Entries open competitions,

- reduced fee of SEK 60/90 July 1
- normal fee of SEK 90/130 July 18 or July 20

Accommodation

- Booking of Petvå Hostel in Hässleholm April 1 or later
- Booking of school accommodation in Kristianstad April 1 or later
- Booking of campsite at O-Ringen Town April 1 / June 1

Food at Petvå Hostel in Hässleholm

- via the food booking form  July 1

Payments

for entries World Cup, accommodation, food at Petvå, transport etc:

- Bank transfers must reach the organizer by July 1

Please note that late entries may be refused or that an additional fee of 50 % may be charged.

20. Links

- Website MTBO World Cup www.oringen.se/worldcup
- Swedish 5 Days *O-Ringen Skåne 2014* www.oringen.se
- Entries www.oringen.se/worldcup
- Accommodation booking form www.oringen.se/worldcup
- Trains www.sj.se
- Traffic system Skåne www.oresundstag.se/en/Start
- Tourist information Kristianstad www.turism.kristianstad.se/en
- Swedish Ministry for Foreign affairs (visas) www.swedenabroad.com
- Swedish competition program <http://eventor.orientering.se/Events>